



NORTHERN NAVIGATORS
GNF Summer League Relays at
Moor House
Wednesday, 9th July 2003

3 man / 9 legs

1. Problematical.....			44:32
Colin Matheson	M45	NATO	
Lewis Matheson	M21	NATO	
Rory Matheson	M20	NATO	
2. BTM.....			47:55
Gary Russell	M21	NN	
Paul Vincent	M35	KNOBOC	
Bob Cooper	M55	NN	
3. Rarebits.....			60:40
Julian Warren	M40	NN	
Debby Warren	W40	NN	
Barnaby Warren	M7	NN (only maps D & I)	
4. The Bendells.....			62:02
Dave Bendell	M40	NATO	
Adam Bendell	M12	NATO	
Sam Bendell	M8	NATO	
5. ???.....			62:55
Bob Pinkney	M65	NATO	
Chris Bradford	M50	NATO	
Carole Firth/	W55	NATO	
Nicola Crosby	W21	NATO	

1 man / 9 legs

1. Michael Daehnn	M21	UNOC	30:45	
2. Fred Miller	M50	NATO	13:55	(only maps A,B,C)

Competition and rules

1. Teams to consist of up to three runners, any age, and any club.
2. There are 9 separate courses, comprising 3 x 'long', 3 x 'medium' and 3 x 'short', with approximate lengths of 0.8k, 0.6k, 0.4k; with 4, 3 and 3 controls each. This gives an approximate total course length of 4.5km for the 9 courses.
3. Each team must complete all nine courses by the three runners.
4. Only two runners from a team may be out at any one time.
5. After the first two legs, teams can run the courses in any given order, dependent on the availability of maps.
6. Team members can run consecutive legs and more than 3 if desired.
7. It is the team's responsibility to collect all 27 controls **on each control card**.
8. Maps available at the start will be limited to 5 copies of each course and must be left at the exchange point after a run.
9. Team members to record their progress on the leader board, at the exchange.
10. There is a time limit of 60 minutes as we have to have the prize giving and BBQ.
11. The winning team is the one to present 3 completed control cards at the finish.

Officials:

Organiser / planner - Rob McKenna

Organiser / planner's comments - Rob McKenna

I hope you all enjoyed your run around this small, but interesting area. The setting seemed ideal for this type of event and the use of the cabin may have been essential if the threatened rain earlier in the day had moved south.

The format appeared to work quite well although the abundance of maps at the exchange allowed competitors to easily choose which course they wished to do next - ideally with fewer maps, tactical analysis may have played a bigger part. I was initially a bit worried at the shortness of the courses but this added to the 'excitement' at the changeover, with constant too-ing and fro-ing. I had thought of introducing a handicap system to allow the normal 'medium' and 'short' course runners to have an easier time, but decided that it would have been a bit too complicated and in the end I opted for all cards having to be completed, but by any runner.

It was nice to see Dave Bendell back in action although I feel that he was worked quite hard on the night.

Apologies for the error on course 'B' (two control descriptions and numbers the wrong way round) - this was an oversight during the printing process, which wasn't picked up until during the competition. Congratulations to the winners of the GNF league and thanks to John Crosby for awarding the prizes.

Thanks also to Dave Caudwell for the excellent map and helping out on the night and to the Durham Scout Association for the use of the area.