



**NORTHERN NAVIGATORS**  
GNF Summer League Relays at  
**Moor House**  
Wednesday, 9<sup>th</sup> July 2003

**3 man / 9 legs**

1. Problematical ..... 44:32

Colin Matheson M45 NATO  
Lewis Matheson M21 NATO  
Rory Matheson M20 NATO

2. BTM ..... 47:55

Gary Russell M21 NN  
Paul Vincent M35 KNOBOC  
Bob Cooper M55 NN

3. Rarebits ..... 60:40

Julian Warren M40 NN  
Debby Warren W40 NN  
Barnaby Warren M7 NN (only maps D & I)

4. The Bendells ..... 62:02

Dave Bendell M40 NATO  
Adam Bendell M12 NATO  
Sam Bendell M8 NATO

5. ??? ..... 62:55

Bob Pinkney M65 NATO  
Chris Bradford M50 NATO  
Carole Firth/  
Nicola Crosby W55 NATO  
W21 NATO

**1 man / 9 legs**

1. Michael Daehnn M21 UNOC 30:45  
2. Fred Miller M50 NATO 13:55 (only maps A,B,C)

**Officials:**

Organiser / planner - Rob McKenna

**Organiser / planner's comments - Rob McKenna**

I hope you all enjoyed your run around this small, but interesting area. The setting seemed ideal for this type of event and the use of the cabin may have been essential if the threatened rain earlier in the day had moved south.

The format appeared to work quite well although the abundance of maps at the exchange allowed competitors to easily choose which course they wished to do next - ideally with fewer maps, tactical analysis may have played a bigger part. I was initially a bit worried at the shortness of the courses but this added to the 'excitement' at the changeover, with constant too-ing and fro-ing. I had thought of introducing a handicap system to allow the normal 'medium' and 'short' course runners to have an easier time, but decided that it would have been a bit too complicated and in the end I opted for all cards having to be completed, but by any runner.

It was nice to see Dave Bendell back in action although I feel that he was worked quite hard on the night.

Apologies for the error on course 'B' (two control descriptions and numbers the wrong way round) - this was an oversight during the printing process, which wasn't picked up until during the competition. Congratulations to the winners of the GNF league and thanks to John Crosby for awarding the prizes.

Thanks also to Dave Caudwell for the excellent map and helping out on the night and to the Durham Scout Association for the use of the area.

**Competition and rules**

1. Teams to consist of up to three runners, any age, and any club.
2. There are 9 separate courses, comprising 3 x 'long', 3 x 'medium' and 3 x 'short', with approximate lengths of 0.8k, 0.6k, 0.4k; with 4, 3 and 3 controls each. This gives an approximate total course length of 4.5km for the 9 courses.
3. Each team must complete all nine courses by the three runners.
4. Only two runners from a team may be out at any one time.
5. After the first two legs, teams can run the courses in any given order, dependent on the availability of maps.
6. Team members can run consecutive legs and more than 3 if desired.
7. It is the team's responsibility to collect all 27 controls **on each control card**.
8. Maps available at the start will be limited to 5 copies of each course and must be left at the exchange point after a run.
9. Team members to record their progress on the leader board, at the exchange.
10. There is a time limit of 60 minutes as we have to have the prize giving and BBQ.
11. The winning team is the one to present 3 completed control cards at the finish.