



**NORTHERN NAVIGATORS**  
GNF Wednesday evening event at  
**Silksworth Sports Complex**  
Wednesday, 11<sup>th</sup> May 1994

**SHORT - 3.0km**

1. R.Rose	W45	NN	28.35
2. V.Miller	W17	NATO	32.47
3. G.Rickman	M17	NATO	43.52
4. H.Anderson	W13	NATO	44.36
5. D.Cornish	M10	ind	49.32
6. C.Cooper	M10	NN	84.40

**MEDIUM - 5.0km**

1. G.Harden	M21	NATO	36.48
2. J.Gilmore	M21	KNOB	37.04
3. M.Anderson	M15	NATO	37.25
4. D.Brook	M50	NN	37.42
5. M.Sprot	M15	NATO	39.02
6. T.Russell	M13	NN	39.05
7. R.Cooper	M45	NN	39.46
8. D.Raymond	M21	NATO	40.41
9. J.Wilson	M15	NATO	42.07
10. M.Brook	M17	NN	44.05
11. O.Armstrong	W15	NATO	47.50
12. C.Wilson	M40	NATO	54.16
13. A.Rice	M15	NATO	54.50
14. P.Crossman	M15	ind	58.00
15. S.Harvey	M19	ind	58.17
16. R.Armstrong	M45	NATO	62.55
17. D.Robson+2		ind	67.18
18. R.Armstrong	W45	NATO	76.50

*disqualified / retired*

A.Hall Ryhope Scouts 42.34 7 ctrls only

**LONG - 7.5km**

1. T.Higginbottom	M21	UNOC	38.46
2. K.Maynard	M21	NATO	40.51
3. M.Goode	M40	NATO	44.12
4. R.Mills	M21	NATO	48.59
5. R.Maynard	M35	NATO	49.02
6. A.Berne	M21	NATO	50.41
7. R.Johnson	M50	NN	50.50
8. J.Phizacklea	M21	NATO	52.35
9. T.Tweddell	M40	NN	55.22
10. M.Anderson	M45	NATO	56.03
11. S.Pattinson	W21	NEOA	59.20

**Organiser / planner's comments - Frank Major**

Thanks for your support. In spite of one or two minor problems everything went smoothly. I hope you enjoyed your runs. My thanks also to Bob McKenna for his help on the night.