

## **Proposed North East Orienteering League (NEOL) 2016**

Suggested events (best 6 scores to count) :

07.02.16	Cramlington	NATO	Urban
06.03.16	Hutton Lowcross	CLOK	Country
08.05.16	Bewick Moor	NN	Country
15.05.16	Silton	CLOK	Country
21.08.16	Newcastle	NATO	Urban
11.09.16	Cragg Estate	NN	Country
09.10.16	Callaly	NATO	Country
06.11.16	Newton Hanzard	CLOK	Middle

## **Proposed North East Urban League (NEUL) 2016**

Suggested events (best 4 scores to count) :

07.02.16	Cramlington	NATO
17.04.16	Whitby	CLOK
03.07.16	Barnard Castle	CLOK
21.08.16	Newcastle	NATO
02.10.16	Guisborough	CLOK
20.11.16	Killingworth	NATO

**Classes** (both Men and Women) :

Young Juniors	12-
Juniors	16-
Open	18+
Veteran	40+
Super Veteran	55+
Ultra Veteran	65+

Competitors to run nominated courses. Running up a course will be deemed to be competing in the class on that course.

## **Scoring:**

Within each class, 100 points for the winner of an event, 99 for second, 98 third, etc.

Suggested course combinations for a regular cross country event:

<b>Course</b>	<b>M classes</b>	<b>W classes</b>
Brown	Open (18+), Vet (40+)	
Blue	Super Vet (55+)	Open (18+), Vet (40+)
Green	Ultra Vet (65+)	Super Vet (55+)
Short Green		Ultra Vet (65+)
Light Green	Junior (16-)	Junior (16-)
Orange	Young Junior (12-)	Young Junior (12-)

Suggested course combinations for an Urban event:

<b>Course</b>	<b>M classes</b>	<b>W classes</b>
A	Open (18+), Vet (40+)	
B	Super Vet (55+)	Open (18+), Vet (40+)
C	Ultra Vet (65+)	Super Vet (55+)
D		Ultra Vet (65+)
E	Junior (16-), Young Junior (12-)	Junior (16-), Young Junior (12-)