



**NORTHERN NAVIGATORS**  
 North East Night Championships  
**Low Redford & Windy Bank**  
 Saturday, 20<sup>th</sup> October 2012

**Long course (N1) - 5.9km, 220m, 14c** *mins/km*

1. Alun Powell	M40	AIRE	42.49	
2. Nicholas Barber	M21	CLOK	58.59 *	
3. Timothy Martland	M45	MDOC	63.11	
4. Nigel Wright	M40	NN	66.45 *	
5. Andy Conn	M45	CLOK	72.10 *	12:14
6. Alastair Mackenzie	M50	CLOK	85.46 *	
7. Michael Thompson	M35	NN	121.35 *	
8. Peter Hayes	M45	NN	123.02	

**Medium course (N2) - 3.9km, 135m, 11c**

1. Adrian Barnes	M60	NATO	37.50 *	
2. Graham Capper	M50	EBOR	41.19	
3. Barnaby Warren	M16	NN	41.44 *	
4. Andrew Clark	M45	EBOR	49.14	
5. Cecile Spring	W35	NN	50.12 *	
6. David Day	M60	CLOK	51.01	
7. Patrick Smyth	M55	NATO	56.55 *	
8. Debby Warren	W45	NN	57.08 *	14:40
9. Ian Sumler-Hutchinson	M45	CLOK	70.04	18:00
10. Roberto Haubold	M10	IND	116.28	
11. Laura Haubold	W10	IND	116.31	
12. Maya Wright	W10	NN	116.33	
13. Jeneba Wright	W10	NN	116.42	
14. Yolanda Wright	W10	NN	119.43	

*Retired*  
 Stephen Restorick M55 CLOK 28.46

**Short course (N3) - 1.9km, 75m, 8c**

1. Frank Major	M65	NN	31.29 *	
2. Malcolm Hewitson	M50	CLOK	31.32	
3. Saskia Warren	W12	NN	34.56	
4. Jeanette Sumler-Hutchinson	W45	CLOK	41.06	21:38
5. Roy Malley	M80	NATO	52.43 *	

**Course and class combinations:**

Long (N1) : M21-M40  
 Medium (N2) : M16-M20, M45-M55, W21-W40  
 Short (N3) : M60-M75, W16-W20, W45-W75

**North East Champions 2012**

Congratulations to the following competitors who are now  
 NEOA Night Champions 2012

M16 - Barnaby Warren (NN)	W16 - n/a
M18 - n/a	W18 - n/a
M20 - n/a	W20 - n/a
M21 - Nicholas Barber (CLOK)	W21 - n/a
M35 - Michael Thompson (NN)	W35 - Cecile Spring (NN)
M40 - Nigel Wright (NN)	W40 - n/a
M45 - Andy Conn (CLOK)	W45 - Debby Warren (NN)
M50 - Alastair Mackenzie (CLOK)	W50 - n/a
M55 - Patrick Smyth (NATO)	W55 - n/a
M60 - Adrian Barnes (NATO)	W60 - n/a
M65 - Frank Major (NN)	W65 - n/a
M70 - n/a	W70 - n/a
M75 - n/a	W75 - n/a
M80 - Roy Malley (NATO)	

Certificates will be available shortly.

**Officials:**

Organiser - Boris Spence  
 Planner - Rob McKenna  
 Controller - Julian Warren (NN)

**Planner's comments - Rob McKenna**

Many thanks for all turning up and supporting this event. I think that we will have to re-think the parking next time as it was a bit awkward in the dark. However, it was almost perfect conditions for running, although the past wet weather left the first 100m from the start a bit precarious and some of the bracken caused problems with navigation on the long course.

Although this is an 'open' competition, the NE Night Championships is really only pertinent to bonafide members of NEOA.

Congratulations to the class winners who can expect to receive their certificates shortly. The winning times look fairly respectable and close to what I had expected, although the winner of the long course was a lot faster and deserves special mention, so well done Alun!

There were a group of young children who attempted the medium course, under the able supervision of Kate Hampshire, having done a short course at the last Night Champs and wanted something a bit more challenging. It was good to see them all back safely, still smiling and full of enthusiasm. Under 16's are not really eligible for Championship certificates, but I will do a special one for their achievement.

There has been some criticism levelled at the number of courses used in the past and I would have to say that although it may have been fairly easy to plan a few extra courses, the numbers a night event attracts means that you would have very little competition on those courses.

I do agree that to be competitive in your class this may have forced you to run an 'easy' course, but unfortunately these courses have to be designed to suit the less able that may compete on them. I decided this time to allow competitors to run which course they chose and grade the results on speed and difficulty of course if there was a clash with classes. I hope that those competitors affected by this are happy with the outcome - it really only affected the M45 and W45 classes.

The factors in the following tables were applied to those competitors running 'out of class' to determine class winner.

**Speed factor (mins/k)**

<i>from</i>	<i>to</i>	<i>x</i>
0 -	6.9	2.4
7 -	7.9	2.3
8 -	8.9	2.2
9 -	9.9	2.1
10 -	10.9	2.0
11 -	11.9	1.9
12 -	12.9	1.8
13 -	13.9	1.7
14 -	14.9	1.6
15 -	15.9	1.5
16 -	16.9	1.4
17 -	17.9	1.3
18 -	18.9	1.2
19 -	19.9	1.1
20 -	20.9	1.0
21 -	21.9	0.9
22 -	22.9	0.8
23 -	23.9	0.7
24 -	24.9	0.6
25 -	25.9	0.5
26 -	26.9	0.4
27 -	27.9	0.3
28 -	28.9	0.2
29 & over		0.1

**Course factor**

<i>course</i>	<i>x</i>
N1	1.6
N2	1.3
N3	1.0

**Class factor**

<i>class</i>	<i>x</i>
M/W16	1.2
M/W18	1.1
M/W20	1.0
M/W21	1.0
M/W35	1.1
M/W40	1.1
M/W45	1.2
M/W50	1.2
M/W55	1.3
M/W60	1.3
M/W65	1.4
M/W70	1.4
M/W75	1.5
M/W80	1.5

Comments on these results to Rob McKenna  
 email - robmckenna@blueyonder.co.uk